

to support these vital activities, and we must work to extend and enhance the valuable and satisfying services of our volunteers.

NOW, THEREFORE, I, RICHARD NIXON, President of the United States of America, do hereby designate the calendar week beginning April 21, 1974, as National Volunteer Week.

I urge all Americans to observe that week by seeking out an area in their community in which they can give to a needy individual or a worthy cause by devoting a few hours, or more, each week to volunteer service.

I call upon all communities throughout the United States to recognize volunteers by observing the week with special ceremonies to honor those who have given countless hours for the betterment of our communities and the American way of life.

IN WITNESS WHEREOF, I have hereunto set my hand this twentieth day of April, in the year of our Lord nineteen hundred seventy-four, and of the Independence of the United States of America the one hundred ninety-eighth.

RICHARD NIXON

Proclamation 4289

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April 30, 1974

Law Day, U.S.A., 1974

By the President of the United States of America

A Proclamation

America's greatest gift to world history and its own people is a system of government which has permitted human freedom to flourish for nearly two hundred years.

The pillars of that freedom are the Constitution and our laws. Though established by human beings and administered by human beings, the law has force beyond the wish or the will of any single person or single group of persons.

Our freedoms survive because no man or woman is beneath the protections of the law. And the law retains its value and force because every person knows that no man or woman is above the requirements of the law.

It is fitting that each year we observe a day in which we reaffirm our devotion and respect for the institution of law, without which other human institutions would fall.

NOW, THEREFORE, I, RICHARD NIXON, President of the United States of America, do hereby request the observance of Wednesday, May 1, 1974, as Law Day in the United States of America.

As requested by the Congress (75 Stat. 43; 36 U.S.C. 164), I urge that our people observe Law Day with appropriate public ceremonies, through public bodies and private organizations, in schools, colleges and universities, and in other suitable places. I especially request that the courts, the legal profession, and all media of public information take the lead in such observance so that public understanding of the role of the courts in our society can be broadened. I call upon public officials to display the Nation's flag on public buildings on that day.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord nineteen hundred seventy-four, and of the Independence of the United States of America the one hundred and ninety-eighth.

RICHARD NIXON

Proclamation 4290

May 1, 1974

National Arthritis Month, 1974

By the President of the United States of America

A Proclamation

Arthritis and the rheumatic diseases are the Nation's number one crippling disorders, affecting 20 million Americans of all ages, causing them great suffering and limiting their activities. Arthritic disorders are second only to heart disease as the most widespread chronic illness in the United States today.

This disease cripples people not only physically, bringing them untold pain and anguish, but also financially. The total cost of arthritis to America in terms of medical costs and lost production is estimated in the billions of dollars.

Each year, as medical science advances through publicly and privately supported medical research and education, thousands of people receive